

ROK Fest Sonoma Friday Practice Schedule

8/19/2022

TIME	CLASS/GROUP
8:10 AM	Practice Group 1
8:17 AM	Practice Group 2
8:24 AM	Practice Group 3
8:31 AM	Practice Group 4
8:38 AM	Practice Group 5
8:45 AM	Practice Group 6
9:00 AM	Practice Group 1
9:10 AM	Practice Group 2
9:20 AM	Practice Group 3
9:30 AM	Practice Group 4
9:40 AM	Practice Group 5
9:50 AM	Practice Group 6
10:00 AM	Practice Group 1
10:10 AM	Practice Group 2
10:20 AM	Practice Group 3
10:30 AM	Practice Group 4
10:40 AM	Practice Group 5
10:50 AM	Practice Group 6
11:00 AM	Practice Group 1
11:10 AM	Practice Group 2
11:20 AM	Practice Group 3
11:30 AM	Practice Group 4
11:40 AM	Practice Group 5
11:50 AM	Practice Group 6
12:00 PM	Practice Group 1
12:10 PM	Practice Group 2
12:20 PM	Practice Group 3
12:30 PM	Practice Group 4
12:40 PM	Practice Group 5
12:50 PM	Practice Group 6
1:00 PM	Practice Group 1
1:10 PM	Practice Group 2
1:20 PM	Practice Group 3
1:30 PM	Practice Group 4
1:40 PM	Practice Group 5
1:50 PM	Practice Group 6
2:00 PM	Practice Group 1
2:10 PM	Practice Group 2
2:20 PM	Practice Group 3
2:30 PM	Practice Group 4
2:40 PM	Practice Group 5
2:50 PM	Practice Group 6
3:00 PM	Practice Group 1
3:10 PM	Practice Group 2
3:20 PM	Practice Group 3
3:30 PM	Practice Group 4
3:40 PM	Practice Group 5
3:50 PM	Practice Group 6
4:00 PM	Practice Group 1
4:10 PM	Practice Group 2
4:20 PM	Practice Group 3
4:30 PM	Practice Group 4
4:40 PM	Practice Group 5
4:50 PM	Practice Group 6
5:00 PM	Track Closed

7 Minute Practice Round 1
10 Minute Practice Rounds 2-8

Group 1	Micro & Mini ROK
Group 2	ALL ROK Shifters
Group 3	Junior & Master 100cc
Group 4	Senior 100cc
Group 5	Junior, Senior, Master ROK
Group 6	125 Limited



ALTWELL



ROK Fest Sonoma SATURDAY Schedule

8/20/2022

TIME CLASS/GROUP

8:10 AM Practice Group 1
 8:17 AM Practice Group 2
 8:24 AM Practice Group 3
 8:31 AM Practice Group 4
 8:38 AM Practice Group 5
 8:45 AM Practice Group 6
 9:00 AM Practice Group 1
 9:10 AM Practice Group 2
 9:20 AM Practice Group 3
 9:30 AM Practice Group 4
 9:40 AM Practice Group 5
 9:50 AM Practice Group 6
 10:00 AM Practice Group 1
 10:10 AM Practice Group 2
 10:20 AM Practice Group 3
 10:30 AM Practice Group 4
 10:40 AM Practice Group 5
 10:50 AM Practice Group 6
 11:00 AM Practice Group 1
 11:10 AM Practice Group 2
 11:20 AM Practice Group 3
 11:30 AM Practice Group 4
 11:40 AM Practice Group 5
 11:50 AM Practice Group 6
 12:00 PM Practice Group 1
 12:10 PM Practice Group 2
 12:20 PM Practice Group 3
 12:30 PM Practice Group 4
 12:40 PM Practice Group 5
 12:50 PM Practice Group 6
 1:00 PM Practice Group 1
 1:10 PM Practice Group 2
 1:20 PM Practice Group 3
 1:30 PM Practice Group 4
 1:40 PM Practice Group 5
 1:50 PM Practice Group 6
 2:00 PM Practice Group 1
 2:10 PM Practice Group 2
 2:20 PM Practice Group 3
 2:30 PM Practice Group 4
 2:40 PM Practice Group 5
 2:50 PM Practice Group 6
 3:00 PM Break
 3:10 PM Qual Mico Mini
 3:20 PM Qual 125 shifter pro/Masters
 3:30 PM Qual Junior 100cc
 3:40 PM Qual Masters 100cc
 3:50 PM Qual Senior 100 cc
 4:00 PM Qual Junior/Senior Rok
 4:10 PM Qual Master Rok
 4:20 PM Qual 125 Limited
 4:30 PM end day

7 Minute Practice Round 1
 10 Minute Practice Rounds 2-8
5 Lap Qual
 Pre-Tech open at 9.00

Group 1 Micro & Mini ROK
 Group 2 ALL ROK Shifters
 Group 3 Junior & Master 100cc
 Group 4 Senior 100cc
 Group 5 Junior, Senior, Master ROK
 Group 6 125 Limited



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ALTWELL





RACE #6 - Sunday, August 21, 2022

ALL DRIVERS MUST HAVE THEIR TRANSPONDERS

Track: National

DURING PRACTICE. IT IS THE DRIVER'S RESPONSIBILITY TO MAKE SURE HIS TRANSPONDER IS WORKING PROPERLY BEFORE RACING STARTS

6:45am - 12:00pm Registration

Morning Warmup for all Classes (7 minutes).

08:10 AM	Master 100cc
08:19 AM	Junior ROK/Senior ROK/Master ROK
08:28 AM	Micro/Mini ROK presented by SSI Racing
08:37 AM	Junior 100cc
08:46 AM	125 Shifter LTD presented by Altwell
08:55 AM	Senior 100cc presented by OPI Builders
09:04 AM	Pro Rok Shifter Master 125 shifter

9:15 AM to 9:30 AM Drivers Meeting, no engines running in the pits.

Pre-Main 1 - Mini / Micro 8 laps and Remaining Classes 10 laps.

9:45 AM	Master 100cc
10:00 AM	Junior ROK/Senior ROK/Master ROK
10:15 AM	Micro/Mini ROK presented by SSI Racing
10:30 AM	Junior 100cc
10:45 AM	125 Shifter LTD presented by Altwell
11:00 AM	Senior 100cc presented by OPI Builders
11:15 AM	Pro Rok Shifter Master 125 shifter

11:30 PM to 12:00 PM Lunch

Pre-Main 2 - Mini / Micro 8 laps and Remaining Classes 10 laps.

12:15 PM	Master 100cc
12:30 PM	Junior ROK/Senior ROK/Master ROK
12:45 PM	Micro/Mini ROK presented by SSI Racing
1:00PM	Junior 100cc
1:15 PM	125 Shifter LTD presented by Altwell
1:30 PM	Senior 100cc presented by OPI Builders
1:45 PM	Pro Rok Shifter Master 125 shifter

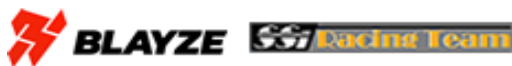
2.15 PM National Anthem

MAIN - Mini/Micro - 15 laps, ROK Shifters - 20 laps, Junior, Senior & Masters, 125 Limited, 100cc - 18 laps

2:30 PM	Master 100cc
2:50 PM	Junior ROK/Senior ROK/Master ROK
3:10 PM	Micro/Mini ROK presented by SSI Racing
3:30 PM	Junior 100cc
3:50 PM	125 Shifter LTD presented by Altwell
4:10 PM	Senior 100cc presented by OPI Builders
4:30 PM	Pro Rok Shifter Master 125 shifter

5:00 PM END

*** Race day schedule is subject to change. ***



ALTWELL

