



Version 1

**ROK FEST EAST
NEW YORK RACE COMPLEX
AUGUST 5 - 6, 2023**

EVENT HOURS

PRACTICE - RAN BY NYRC

Wed - Fri	10:00 AM - 6:00 PM
Sat	9:00 AM - 5:00 PM

REGISTRATION

Fri	2:00 PM - 5:00 PM
Sat	9:00 AM - 3:00 PM

RACE TIRE / FUEL PICK-UP

Sat	9:00 AM - 11:00 AM
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TRANSPONDERS

Pick-Up	Sat 9:00 AM - 3:00 PM
Return	After Sunday Finals

PRE TECH

All karts must be technically compliant including weight, seals, engines, tech sheets must be submitted to tech officials by **Saturday 3:00 PM**



SATURDAY AUG 6	
PRACTICE 1 - 8 MINS - RAN BY NYRC	
9:00 AM	VLR Junior
9:10 AM	VLR Senior & VLR Master
9:20 AM	ROK Micro
9:30 AM	ROK Mini
9:40 AM	ROK Senior
9:50 AM	ROK Junior
10:00 AM	ROK Shifter & Masters Shifter
PRACTICE 2 - 8 MINS	
10:10 AM	VLR Junior
10:20 AM	VLR Senior & VLR Master
10:30 AM	ROK Micro
10:40 AM	ROK Mini
10:50 AM	ROK Senior
11:00 AM	ROK Junior
11:10 AM	ROK Shifter & Masters Shifter
11:20 AM	LUNCH
<i>* Transponders are mandatory from this point</i>	
PRACTICE 3 - 8 MINS	
12:20 PM	VLR Junior
12:30 PM	VLR Senior & VLR Master
12:40 PM	ROK Micro
12:50 PM	ROK Mini
1:00 PM	ROK Senior
1:10 PM	ROK Junior
1:20 PM	ROK Shifter & Masters Shifter
PRACTICE 4 - 8 MINS	
1:30 PM	VLR Junior
1:40 PM	VLR Senior & VLR Master
1:50 PM	ROK Micro
2:00 PM	ROK Mini
2:10 PM	ROK Senior
2:20 PM	ROK Junior
2:30 PM	ROK Shifter & Masters Shifter
2:50 PM	DRIVERS BRIEFING
QUALIFYING - 8 MINS	
3:15 PM	VLR Junior
3:25 PM	VLR Senior & VLR Master
3:35 PM	ROK Micro
3:45 PM	ROK Mini
3:55 PM	ROK Senior
4:05 PM	ROK Junior
4:15 PM	ROK Shifter & Masters Shifter
END OF DAY	

SUNDAY AUG 7	
WARM UP - 5 MINS	
8:00 AM	VLR Junior
8:07 AM	VLR Senior & VLR Master
8:14 AM	ROK Micro
8:21 AM	ROK Mini
8:28 AM	ROK Senior
8:35 AM	ROK Junior
8:42 AM	ROK Shifter & Masters Shifter
HEATS ARE PROGRESSIVE	
HEAT 1	
MICRO/MINI 8 LAPS-OTHERS 10 LAPS	
9:00 AM	VLR Junior
9:13 AM	VLR Senior & VLR Master
9:26 AM	ROK Micro
9:39 AM	ROK Mini
9:52 AM	ROK Senior
10:05 AM	ROK Junior
10:18 AM	ROK Shifter & Masters Shifter
HEAT 2	
10:35 AM	VLR Junior
10:48 AM	VLR Senior & VLR Master
11:01 AM	ROK Micro
11:14 AM	ROK Mini
11:27 AM	ROK Senior
11:40 AM	ROK Junior
11:53 AM	ROK Shifter & Masters Shifter
12:15 PM	LUNCH
HEAT 3	
12:55 PM	VLR Junior
1:08 PM	VLR Senior & VLR Master
1:21 PM	ROK Micro
1:34 PM	ROK Mini
1:47 PM	ROK Senior
2:00 PM	ROK Junior
2:13 PM	ROK Shifter & Masters Shifter
2:30 PM	NATIONAL ANTHEMS: CAN/US
FINAL	
MICRO/MINI 16 LAPS-OTHERS 22 LAPS	
2:40 PM	VLR Junior
3:05 PM	VLR Senior & VLR Master
3:30 PM	ROK Micro
3:55 PM	ROK Mini
4:20 PM	ROK Senior
4:45 PM	ROK Junior
5:10 PM	ROK Shifter & Masters Shifter
PODIUMS	