



ROK Sonoma Race 7 August 2-4, 2024

EVENT HOURS

MOVE-IN (Thursday 12pm-5pm)

Friday	8:00AM - 5:00 PM
Saturday	8:00 AM - 5:00 PM
Sunday	8:00 AM - 5:00 PM

REGISTRATION

Friday	9:00 AM - 5:00 PM
Saturday	8:00 AM - 4:00 PM
Sunday	8:00 AM - 9:00 AM

RACE TIRE / FUEL PICK-UP

Friday	Upon Request
Saturday	10:00 AM - 2:00 PM
Sunday	8:00 AM - 8:45 AM

TRANSPONDERS

Pick-Up	Sat. 1:00 PM-4:00
Return	After Sunday Finals

PRE TECH

Engine & Chassis Seals Distributed at Pre-Tech.

All karts must be technically compliant including weight, engines, tech sheets must be submitted to tech officials by Friday Qualifying!

Friday August 2	
ROK WRISTBANDS MANDATORY	
PRACTICE 1 - 7 MINS	
8:30 AM	125 Limited Shifter
8:40 AM	ROK Mini/Micro
8:50 AM	ROK Shifter/MS Shifter
9:00 AM	VLR Junior
9:10 AM	VLR Senior/Masters
PRACTICE 2 - 7 MINS	
9:20 AM	125 Limited Shifter
9:30 AM	ROK Mini/Micro
9:40 AM	ROK Shifter/MS Shifter
9:50 AM	VLR Junior
10:00 AM	VLR Senior/Masters
PRACTICE 3 - 7 MINS	
10:10 AM Track Worker Break	
10:25 AM	125 Limited Shifter
10:35 AM	ROK Mini/Micro
10:45 AM	ROK Shifter/MS Shifter
10:55 AM	VLR Junior
11:05 AM	VLR Senior/Masters
PRACTICE 4 - 7 MINS	
11:15 AM	125 Limited Shifter
11:25 AM	ROK Mini/Micro
11:35 AM	ROK Shifter/MS Shifter
11:45 AM	VLR Junior
11:55 AM	VLR Senior/Masters
12:15 PM LUNCH	
PRACTICE 4 - 10 MINS	
1:15 PM	125 Limited Shifter
1:30 PM	ROK Mini/Micro
1:45 PM	ROK Shifter/MS Shifter
2:00 PM	VLR Junior
2:15 PM	VLR Senior/Masters
Practice 5 - 10 MINS	
2:30 PM	125 Limited Shifter
2:45 PM	ROK Mini/Micro
3:00 PM	ROK Shifter/MS Shifter
3:15 PM	VLR Junior
3:30 PM	VLR Senior/Masters
Practice 6 - 5 MINS	
3:45 PM	125 Limited Shifter
3:53 PM	ROK Mini/Micro
4:01 PM	ROK Shifter/MS Shifter
4:09 PM	VLR Junior
4:17 PM	VLR Senior/Masters

Saturday August 3	
ROK WRISTBANDS MANDATORY	
PRACTICE 1 - 6 MINS	
8:30 AM	125 Limited Shifter
8:39 AM	ROK Mini/Micro
8:48 AM	VLR Masters
8:57 AM	ROK Shifter/MS Shifter
9:06 AM	VLR Junior
9:15 AM	VLR Senior
PRACTICE 2 - 7 MINS	
9:25 AM	125 Limited Shifter
9:35 AM	ROK Mini/Micro
9:45 AM	VLR Masters
9:55 AM	ROK Shifter/MS Shifter
10:05 AM	VLR Junior
10:15 AM	VLR Senior
PRACTICE 3 - 7 MINS	
10:25 AM	125 Limited Shifter
10:35 AM	ROK Mini/Micro
10:45 AM	VLR Masters
10:55 AM	ROK Shifter/MS Shifter
11:05 AM	VLR Junior
11:15 AM	VLR Senior
PRACTICE 4 - 7 MINS	
11:25 AM	125 Limited Shifter
11:35 AM	ROK Mini/Micro
11:45 AM	VLR Masters
11:55 AM	ROK Shifter/MS Shifter
12:05 PM	VLR Junior
12:15 PM	VLR Senior
12:30 PM LUNCH	
PRACTICE 4 - 10 MINS	
TRANSPONDERS MANDATORY	
1:30 PM	125 Limited Shifter
1:45 PM	ROK Mini/Micro
2:00 PM	VLR Masters
2:15 PM	ROK Shifter/MS Shifter
2:30 PM	VLR Junior
2:45 PM	VLR Senior
Practice 5 - 10 MINS	
3:00 PM	125 Limited Shifter
3:15 PM	ROK Mini/Micro
3:30 PM	VLR Masters
3:45 PM	ROK Shifter/MS Shifter
4:00 PM	VLR Junior
4:15 PM	VLR Senior

Sunday August 4	
TRANSPONDERS	
WARMUP - 7 MINS.	
8:00 AM	125 Limited Shifter
8:09 AM	ROK Mini/Micro
8:18 AM	VLR Masters
8:27 AM	ROK Shifter/MS Shifter
8:36 AM	VLR Junior
8:45 AM	VLR Senior
DRIVERS' MEETING 8:55 AM	
QUALIFYING - 5 MIN SESSION	
9:15 AM	125 Limited Shifter
9:27 AM	ROK Mini/Micro
9:39 AM	VLR Masters
9:51 AM	ROK Shifter/MS Shifter
10:03 AM	VLR Junior
10:15 AM	VLR Senior
HEAT - 7 MINS + 2 LAPS	
10:30 AM	125 Limited Shifter
10:45 AM	ROK Mini/Micro
11:00 AM	VLR Masters
11:15 AM	ROK Shifter/MS Shifter
11:30 AM	VLR Junior
11:45 AM	VLR Senior
12:00 PM LUNCH	
PREFINAL - 10 MINS + 2 LAPS	
12:50 PM	125 Limited Shifter
1:07 PM	ROK Mini/Micro
1:24 PM	VLR Masters
1:41 PM	ROK Shifter/MS Shifter
1:58 PM	VLR Junior
2:15 PM	VLR Senior
FINALS - 13 MINS + 2 LAPS	
2:30 PM NATIONAL ANTHEM	
2:35 PM	125 Limited Shifter
2:55 PM	ROK Mini/Micro
3:15 PM	VLR Masters
3:35 PM	ROK Shifter/MS Shifter
3:55 PM	VLR Junior
4:15 PM	VLR Senior
RETURN RENTED TRANSPONDERS TO SCALE	
PODIUMS ALL CLASSES	